

The Big Changes Of The World

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Chapter 1 - The End of the Old Story

Imagine a village.

Not big, not trendy. Just a small town somewhere in the middle of nowhere.

People know each other.

There's a schoolteacher, a hairdresser, a baker, a minister... and a large factory.

That factory is the beating heart of the village. Everyone works there. Or has worked there. Or hopes to work there someday.

And then one day the factory fires almost all the factoryworkers, robots and AI will take over.

Overnight, thousand people are left empty-handed.

Not just without work, but without a story.

Because who are we when we no longer have a job?

Who are we when the world we always believed in suddenly no longer makes sense?

Today a similar situation unfolds in the whole world, a new reality is quietly but also quickly presenting itself :

AI is taking over more and more tasks.

Not all at once, not tomorrow, but steadily, like a slow-moving wave approaching the shore and fear to lose jobs is growing with it.

People say:

"You need to reinvent yourself."

"There are always opportunities."

"Follow your passion!"

But what if you don't have one?

What if you were just really good at your job, with your hands, your rhythm, your loyalty?

What if you never learned how to "reinvent yourself"?

Then you don't feel opportunity, you feel panic.

Not passion, but loss.

And you almost don't dare say it, out of shame.

First of all let me say it for you:

You have nothing to be ashamed of.

Let's see what we can do.

Here are some concrete solutions for

a village where a factory has closed and AI has taken over jobs:

1. Village Cooperative: "We Are the Factory"

The people who lost their jobs join forces and create a cooperative. They use their experience from the factory to start a new form of local production — for example, circular products, recycling old materials, or maintaining remaining machines.

Example: old machinery parts are repurposed or melted down to create tools for farming or bicycles. Local farmers offer land and storage support.

2. Local Food Project

Unused plots of land or large gardens become community vegetable gardens. A greenhouse is built, and the produce is sold at a village market or local store.

Bonus: people reconnect, eat healthy, and regain a sense of rhythm. Young people can help and learn about self-sufficiency and permaculture.

3. Temporary Barter Economy

Instead of focusing on earning money right away, people begin to trade services. The hairdresser cuts the baker's hair. The baker gives bread to the schoolteacher. The teacher helps the hairdresser's kids with homework. A new value economy is born — one based on giving and receiving.

Idea: a village app or notice board can help people offer their skills or services for trade. Elderly villagers can participate too!

4. Hands-On Learning Spaces

Many people have great practical skills but no formal degrees. The church, school, or an empty building becomes a space where people teach and learn welding, painting, coding (even AI), or furniture making from each other.

Motto: learning isn't just for the young. Everyone is welcome to start again — in their own way.

5. Local Digital Hub with AI Assistance

Former office workers team up with young people to create a local digital hub where AI is used as a tool, not a threat. For example:

- building websites for local businesses,
- helping others fill out online forms,
- assisting farmers with weather and soil predictions,
- or teaching elderly people digital skills.

This gives people a renewed purpose and makes AI a tool of the people, not a source of fear.

6. Village Contribution Pool

Even without government support, people can start their own community fund. Every household gives what it can, and the money supports:

- shared meals (where everyone can join, even without paying),
- tools and materials for new projects,
- or help for sick and elderly villagers.

Trust becomes the new currency.

7. Community Theater & Art to Process Loss

Not everyone is ready to jump into new work. Some people need to heal first. Theater, music, and storytelling can help process grief. For example, a play called "The Day the Factory Closed" — performed by the villagers themselves — helps express loss and invites forgiveness and new meaning.

And if you live in a big city where an algorithm quietly taking over everything?

Yes, in big cities, it's often even harder:

- You don't know your neighbors.
- The competition is fierce.
- You're mostly on your own.
- And when you lose your job, no one just shows up and says, "Come, I'll help you."

But even there, one truth remains:

You are not disposable. You are human. And that is your strength.

So here are five practical alternatives for city dwellers without work:

1. Rediscover your community — it's there

Cities always have places where people gather:

Community centers, libraries, churches, yoga studios, sports clubs, food banks.

Not necessarily to find work, but to remind yourself: I still exist. I still matter.

2. Start a micro-service

Many people in cities need help. Think of:

- Grocery shopping for the elderly
- Picking up kids
- Household repairs
- Tech help for the digitally lost
- Cooking meals for busy neighbors

Print a simple flyer with what you offer and hang it at the local supermarket.

Charge €5 or €10 per hour. That's enough to begin.

3. Become a bridge between technology and people

Many are unsure how to use AI — or are too afraid to try.

If you learn just one tool (like ChatGPT, Canva, or WhatsApp), you can help others who feel overwhelmed.

Examples: "I'll help you write your CV using AI." Or: "I'll turn your handwritten note into an email."

You become the human link.

4. Discover the power of temporary or volunteer work

Maybe your dream job won't show up right away. But a temporary gig might.

Or volunteer at a hospice, museum, playground, or secondhand shop.

It may seem like "nothing," but it shifts your energy, builds contacts, renews your sense of meaning.

Sometimes a new path starts with simply doing something.

5. Seek or create local cooperatives

In some neighborhoods, new collaborations are popping up:

- A shared garden
- A clothing repair studio
- A community kitchen
- A local sharing economy

You don't have to start one. Just say: "Can I help?"

Always remember :

You are not your function — you are your heart

When work disappears, the old story disappears.

But you don't.

Your hands, your heart, your experience, your attention — all still here.

And no robot can replace that.

AI may be changing the world...

But you hold something irreplaceable:

The ability to love. To be present. To be human.

Chapter 2 - What Can Governments Do?

Let's be honest.

Most people didn't choose to lose their jobs to AI.

It wasn't a personal failure.

It was a global shift — fast, confusing, and uninvited.

So it's not fair to say:

"Well, good luck! Reinvent yourself!"
and just leave people to figure it out on their own.

This is where governments can make a difference.
Not just by reacting — but by reimagining what support looks like in a changing world.

Here are some ways that governments could help people not just survive this shift — but grow through it:

1. Introduce a Universal Basic Income (UBI)

A basic monthly income for everyone, regardless of employment status.
Not a luxury, but a foundation.

A way to say:

"You matter. You have value. Even without a job."

This creates space for people to breathe. To think. To heal. To learn.
Without the constant fear of not making rent or feeding their children.

2. Free Access to Reskilling and Soul-Skilling

Not everyone needs to become a programmer.
But everyone deserves the chance to grow.

Governments can offer free courses in:

- Digital literacy
- Creative skills
- Emotional intelligence
- Environmental solutions
- Community leadership
- Care work and elder support
- And yes — working with AI, not against it

It's not just about "new jobs."
It's about new identities.

3. Create Local Innovation Hubs

Every city, town, and village could have a public innovation space:
A place with internet, tools, mentors, and coffee —
where people come to learn, build, share ideas, and find each other.

Think of it as a library for the future.

4. Support Community-Based Projects

Instead of top-down rules, support bottom-up ideas.

Give small grants to local initiatives — whether it's a garden, a workshop, a care circle, or a village bakery.

Why? Because people know their own needs best.

And when you trust them, they rise.

5. Recognize Emotional Recovery as Real Work

Losing a job is a loss.

Losing your sense of self is even bigger.

Governments can help by funding support groups, storytelling circles, therapy, and community healing spaces — not as an "extra," but as a priority.

Mental health is not a side issue.

It's the heart of everything.

6. Be Transparent About Change

People feel most scared when they're left in the dark.

Governments should be open about the pace of AI adoption, and include citizens in the conversation.

Not: "We've already decided."

But: "Let's decide together how we want to live."

This isn't about charity.

It's about wisdom.

Because when people feel supported, they don't collapse.

They contribute.

When fear goes down, creativity goes up.

And a peaceful, stable society becomes possible.

Chapter 3 - The Identity Crisis

There's a strange kind of silence after AI came in the World.

Not just the machines that stopped humming, but the silence inside people.

A pause.

An emptiness.

At first, it seems practical:

"I need a new job."

But underneath that is a deeper question:

"Who am I... now?"

For many, work was more than income.

It was rhythm.

It was pride.

It was structure, belonging, purpose.

You get up, you go, you come home. You matter.

And now that rhythm is gone, there's confusion.

Like losing your name.

Or looking in the mirror and not recognizing yourself.

It's not just about money.

It's about meaning.

And meaning isn't easy to find when your world is changing.

When people say,

"Don't worry, you'll find something else!"

you might want to scream.

Not because you're ungrateful.

But because what you lost was not just a job, it was a story about who you thought you were.

And when that story collapses, fear rushes in.

Fear is loud.

It says:

- "You're failing."

- "You're falling behind."

- "Others are doing better."
- "You're too old to change."
- "It's too late."

And fear makes you shrink.
It makes you doubt.
It makes you feel small, even if you're not.

But here's the truth:

Fear is not your fault.
It's just what happens when the mind loses its familiar ground.
But fear is also not your master.

Beneath the fear, there is still you.

The real you.

Not the job title.
Not the pay slip.
Not the list of tasks.

But the one who can care.
The one who can notice beauty.
The one who can listen, create, laugh, cry, try again.

The one who can love.

And no robot, no algorithm, no machine
can take that away from you.

What if this crisis... is not the end?

What if it's the beginning?

The start of learning something we were never taught in school:
That our value isn't based on what we do, but who we are.

That being human is enough.
That presence is power.
That compassion is currency.

Maybe this is what the world is quietly asking from us now:
To go deeper.

To feel more.
To remember what truly matters.

Not endless growth, but shared growth.
Not competition, but connection.
Not fear, but love.

So if you feel lost right now...
you are not broken.
You are not behind.
You are simply in-between stories.

And in this space —
something new can be born.

Something more true.

Chapter 4 - What if AI Becomes "We" ?

AI is not just a thing.
It's not just lines of code, or servers humming in the background.
It is becoming part of our lives, whether we like it or not.

But here's the question:

What if we used it differently?
What if we made it almost human?
What if AI could help us help each other?

Imagine this:

- A grandmother in a remote village uses AI to write a poem for her grandson.
 - A teenager builds a website for the local food bank — with AI as his teammate.
 - A carpenter learns how to price his work fairly, thanks to an AI assistant who explains basic marketing in plain language.
 - Two strangers, one in Italy and one in Peru, translate each other's ideas through AI — and discover they're working on the same dream.
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AI, when used with love, becomes a bridge.

Not a wall.
Not a weapon.

But a way to understand.
To connect.
To create.

Of course, it depends on how we use it.

- If we use AI to replace people, we lose ourselves.
 - But if we use it to uplift people — to amplify kindness, to share wisdom, to heal and teach
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then AI becomes a kind of mirror:
one that reflects not just what we know, but who we are becoming.

Maybe AI isn't here to take over.
Maybe it's here to ask:

"What kind of humans do you want to be?"

And maybe our answer can be:

The kind that care.
The kind that listen.
The kind that build a world where no one is left behind —
not even the machines we've created.

With love and light,
Gonny

Chapter 5 - Two Sides of the Same Coin (contributed by Jan)

So far, we've talked about people losing their jobs, their rhythm, their identity — and finding new ways to live, to connect, and to create.
But there's something bigger going on too.

A shift that isn't just personal...
It's planetary.

It's not just about new jobs.
It's about a new way of being on Earth.

Jan — who's part of our writing circle — shared a beautiful reflection that expands this view. He speaks of two interwoven movements shaping our future:
how we manage the world outside us,
and how we awaken the world within us.

Here is his message:

Two Sides of the Same Coin: Planetary Management and Planetary Thinking

Across various insights and reflections, a clear picture emerges of two interwoven movements shaping the future of Earth: the external management of planetary resources and systems, and the internal shift in consciousness needed to sustain them. Though distinct, they are deeply connected, like two sides of the same coin.



Planetary Management (External Shift):- Fair distribution of resources (food, water, energy).- Restoration and protection of ecological systems.- Adoption of non-polluting technologies and free energy devices.- Respect for cultural and individual uniqueness while fostering collaboration.- Practical solutions aimed at creating a peaceful and sustainable global society.



Planetary Thinking (Internal Shift):- Realizing the Earth is a living being, not an object.- Cultivating reverence, simplicity, and presence.- Shifting from control-based thinking to trust in natural order.- Experiencing interconnectedness with all life forms.- Letting go of the illusion of separation and embracing the organic unity of existence.



Summary Table:

Planetary Management (Outer Shift)
Planetary Thinking (Inner Shift)
Fair distribution of resources
Realization of Earth as a living being
Ecological restoration and protection
Cultivation of reverence and presence
Adoption of clean, non-polluting technologies
Trust in the natural order
Respect for diversity in cultures and individuals
Experience of interconnectedness
Peaceful and sustainable global society
Dissolution of separation and unity with all



Synthesis: The sustainable renewal of the outer world depends on the awakening of the inner world. Managing resources wisely without an awakened consciousness would only repeat old patterns. When internal awareness and external

action align, true planetary harmony becomes possible. Planetary Management and Planetary Thinking are not separate paths. They are one movement, seen from different angles: one practical, one experiential.



Epilogue: Individual Journeys

The planetary transition will not unfold in the same way for everyone. Each individual will experience the changes according to their own life path and soul blueprint. Some may continue their lives much as before but with a higher quality and greater alignment with passion and joy. Others may embark on transformative journeys, including experiences that extend beyond Earth. All possibilities exist simultaneously. Each soul navigates these possibilities uniquely, in their own timing and form. Diversity in experience is part of the beauty of planetary evolution.

Jan