



# The Song of Prayer

Prayer, Forgiveness, Healing

Prayer is the greatest gift with which God blessed His Son at his creation. It is the single voice Creator and Creation share; the song the Son sings to the Father, Who returns the thanks it offers Him unto the Son.

(Source: S-1.in.1)

# Prayer is Not a Request; It is a Song

Prayer is not merely a question or an entreaty. It is the desire to leave separate goals and **separate** interests behind. The Love They share is what all prayer will be throughout eternity, when time is done.

*“The real sound is always a song of thanksgiving and of Love.”*

You cannot ask for the echo; the song itself is the gift.

(Source: S-1.in.1, S-1.l.2-3)



# The Illusion of Scarcity: Asking Out of Need

In its earlier forms, prayer is merely 'wanting,' born from a sense of scarcity and lack.

## The Paradox

To ask for specific things is to imply you are incomplete. The sinless have no needs. To ask for the specific is much the same as to look on sin and then forgive it. It makes the error real.

When we pray for specific outcomes, we are often asking to have the past repeated or to bargain with illusions.

(Source: S-1.II.1-3, S-1.I.4)



# The Ladder of Prayer

Prayer is a ladder reaching up to Heaven. It is a continuum that changes form as we grow.

**The Ascent:** Prayer becomes reparative. We stop asking for things and start asking for forgiveness—the removal of the blocks to the Song.

**Top of the Ladder:** A transformation. The things of earth are left behind. It is *shiron mimhalment*. There is no asking, for there is no lack.

(Source: S-1.II.7, S-1.II.1)



# The Weight that Holds Us Down: The 'Enemy'

You cannot ascend the ladder while you believe you have enemies.

To believe another is your enemy is to limit your prayer to the laws of this world. It is a statement that you are vulnerable and separate.

To believe another is your enemy is to limit your prayer to the laws of this world. It is world.

**An enemy is the symbol of an imprisoned Christ.**

Only those who are in hell can ask for hell. If you ask for vengeance or victory over another, you imprison yourself.

(Source: S-1.II.5, S-1.III.2)

# The Trap: Forgiveness-to-Destroy

## The “Better Person” Trap

A gracious lordliness where a “better” person stoops to save “baser” one. This is arrogance, not love.

## The “Martyr” Trap

Suffering in silence to prove the other’s guilt. “Behold how good am I who bears this.” This witnesses to guilt, not salvation.

## The “Bargaining” Trap

“I will forgive you if you meet my needs.” This is merely trade and slavery.

“Forgiveness-to-destroy is death, and this it sees in all it looks upon and hates.”

(Source: S-2.II.1-6)

# The Key: Forgiveness-for-Salvation



True forgiveness does not ask for proof of innocence or pay of any kind.

## **The Shift:**

It does not make the error real and then “forgive” it. Instead, it looks past the error to the face of Christ.

“Do not see error. Do not make it real. Select the loving and forgive the sin by choosing in its place the face of Christ.

Forgiveness-for-Salvation is His task... All that you need do is to step back and not to interfere.”

(Source: S-2.III.1, S-2.I.3, S-2.III.2)

# Your Enemy is Your Savior

Stand still an instant, now, and think what you have done. You have made a brother into a jailer.

**The Reversal:** You cannot be free unless he is free. By releasing him from your judgment, you release yourself from guilt.

He is a Son of God, along with you. He is no jailer, but a messenger of Christ.

Take his blessing, and feel how your heart is lifted and your wretchedness released.

“The Son of God, along with you. It is not he who is set onto released.

Take his blessing, and feel how your heart is lifted and your fear released.”

(Source: S-1.III.5, S-1.II.5)

# The Shift to Union: “We Go Together”

The key to rising further in prayer lies in a simple change of mind:

**“We go together,  
you and I.”**

Until this level is reached, we cannot truly share in prayer, for enemies do not share a goal.

I cannot go without you, for you are a part of me. Now, prayer is no longer about separate things, but about the shared Will of God.

(Source: S-1.IV.1, S-1.V.3)

# Healing: The Witness to Forgiveness



Healing is not the goal of prayer; it is the effect of it.

It is a “witness” that forgiveness has occurred—external proof of an inner change of mind.

**“The body can be healed as an effect of true forgiveness. Only that can give remembrance of immortality.”**

(Source: S-3.in.1, S-3.l.3)

# The Cause of Sickness



Do not mistake effect for cause.

Sickness is a shadow of an evil thought.  
It is the external proof of inner 'sins' and unforgiving thoughts.

The Mechanism: The mind feels guilt, projects it onto the body, and the body sickens.

Therefore, healing the body without healing the mind is impossible.

(Source: S-3.I.1-3)

# False Healing vs. True Healing

## False Healing

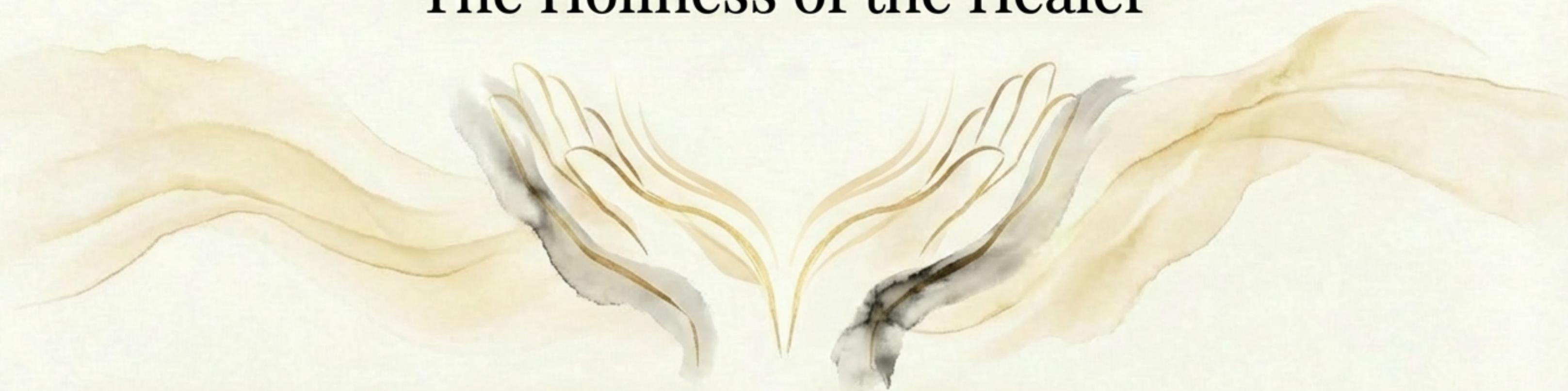
- Exchanges one illusion for a “nicer” one (a dream of sickness for a dream of health).
- Cures the body but leaves the cause (guilt/fear) in the mind.
- Based on inequality: “Someone knows better” or has special powers.

## True Healing

- Recognizes the oneness of the healer and the patient.
- Removes the cause of sickness (the wish to die/separate).
- Sickness and separation must be healed by love and union.

(Source: S-3.III.1, S-3.III.1-3)

# The Holiness of the Healer



True healers have no special gifts. They are not special; they are holy.

They recognize that they have no gifts but those they received from God, which they share because they are one with you.

## **The Method**

You first forgive, then pray, and you are healed.

The healer does not “fix” a broken person; they overlook the brokenness to see the wholeness that was always there.

(Source: S-3.IV.1, S-3.IV.4)

# The Ladder Ends

The ladder ends with this, for learning is no longer needed.

The things of earth are left behind, unremembered. There is no asking, for there is no lack.

**Prayer returns to its true form:**

A song of thanks to the Creator, sung without words or vain desires.

People warning, acquirary  
nonsemination.

“Now you stand before the gate of Heaven, and your brother stands beside you there.”

(Source: S-1.V.4, S-1.II.7)

# Return to the Song

Dream now of healing.  
Then arise and lay all dreaming down forever.

Give all your dreams to Christ. He is the Answer.  
You are the one who hears.

Do not abandon Love... Heaven is here and Heaven is your home.

*I ask but this; that you be comforted  
and live no more in terror and in pain.*

(Source: S-3.IV.6, S-3.IV.10)